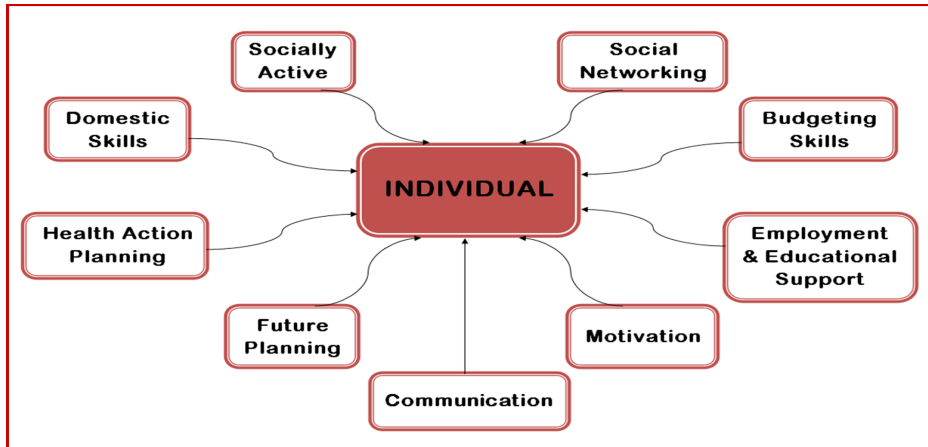


## Opportunities to improve life skills

Within the house, individuals benefit from outcome focused support as outlined below:



At **Avondale Lodge**, behaviour and physical & mental health needs are continually assessed to ensure the best health & wellbeing for the people we support, aiding their move towards independence & enabling self direction.

**Matthew** came to live at Avondale Lodge struggling with behaviour that challenges, and the staff team quickly devised effective support strategies, which resulted in discharge from his community nurse after the first month. Matthew also successfully travels to day services without the need of a dedicated vehicle after only 6 weeks support in how to use public transport, enjoying the benefits of his local community.

Please contact the Manager at

### Avondale Lodge

6-7 Nelson Terrace

Redcar, TS10 1RX

Tel: **01642 494509**

Email: [avondale@potensial.co.uk](mailto:avondale@potensial.co.uk)



Potens provides a range of specialist support services for adults with complex needs throughout England, North Wales and Northern Ireland.

[www.potensial.co.uk](http://www.potensial.co.uk)

# POTENS AVONDALE LODGE

- ◆Registered Residential home for people with learning disabilities in two individual houses
- ◆Provides specialist support for people with additional mental health needs and complex and challenging behaviour
- ◆Takes a person centred approach, encouraging independence & focused on outcomes for each individual
- ◆Supports effective communication & daily living activities
- ◆Facilitates access to local inclusive community activities

**Avondale Lodge** is close to the town centre and community activities of Redcar. The service offers people with high support needs a package which includes individualised support & care, in a stable environment, aiding activities of daily living.

The skilled staff team benefit from training and guidance from Potens Behavioural Support & Therapy Team, accessing solutions to communication issues, daily living difficulties and any behaviour that challenges.



## Individual Houses..

**6 Nelson Terrace** offers specialist support to adults with learning disabilities and additional mental health needs and consists of 5 en-suite bedrooms with shared living and dining facilities.

**7 Nelson Terrace** offers support to people with learning disabilities and additional complex needs that may result in challenging behaviour and consists of 7 en-suite bedrooms with shared living and dining facilities.

