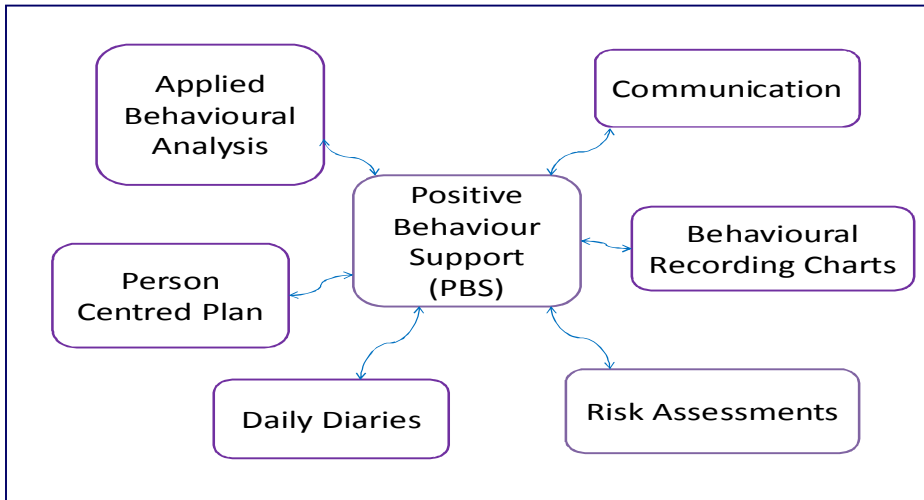


Behavioural Management Plans

The BSTT team identify the reasons why behaviour that challenges is occurring and identify positive behaviour strategies as outlined below:



Behavioural Management Plans will focus on individual need and will be led by the people we support, their aims and motivational goals and promote their concept of learning in life.

The BST team will identify and deliver specialist training in either the management of behavior that challenges, Autistic Spectrum Disorder Awareness, and Aspergers Syndrome.

The BST team are registered members of the British Psychological Society (BPS) and The British Association for Behavioural & Cognitive Psychotherapies (BABCP).



Potens provides a range of services for adults with learning disabilities including those on the autistic spectrum and/or mental health issues plus Korsakoffs Syndrome including residential care homes; single and multi occupancy supported living/domiciliary care services and day opportunities throughout England, North Wales and Northern Ireland.

www.potensial.co.uk

POTENS BEHAVIOUR SUPPORT & THERAPY TEAM

- ◆ The Behaviour Support & Therapy Team (BSTT) support all Potens services
- ◆ Provide advice, guidance & training for any behaviour that challenges
- ◆ Support adults with a range of complex behavioural needs arising from communication issues
- ◆ Use a Positive Behaviour Support model based on Applied Behavioural Analysis & person centred values to assess the behaviour and put in place a proactive behaviour support plan

Potens BSTT team work closely with all of Potens services offering advice, guidance and training around any individuals with behaviour that challenges.



The team is made up of a Behavioural Psychotherapist and a Behavioural Therapist with specialist skills around behavioural issues and autistic spectrum disorder including Aspergers Syndrome.

All behaviour is a form of communication that tells us how the person we support is feeling or what they are thinking. The team support people to develop alternative ways to communicate their needs.

Behaviour that challenges is being engaged in to meet a need:- either to obtain something they want or avoid something they do not want.

The team assess the behaviour holistically by exploring the physical, social, historical and biological factors that may be reinforcing behaviour that challenges.

Behavioural support plans are provided that develop alternative more adaptive behaviours which enable the person to achieve what they want without behaviour that challenges.

